

SPirit IN MOTION INCLUSIVE SPORTS PROVISION



'Spirit in Motion' is our fully inclusive sports programme aimed to develop our sports provision in our Trust Schools. Working closely with our SENCo's in each school we will offer a variety of opportunities that will develop the physical, social and emotional wellbeing of all pupils.

AUTUMN TERM	SPRING TERM	SUMMER TERM
SWIMMING Every Wednesday 11.00 - 11.45 Atherton LC 1.15 - 2.00 East Ham LC	SWIMMING Every Wednesday 11.00 - 11.45 Atherton LC 1.15 - 2.00 East Ham LC	SWIMMING Every Wednesday 11.00 - 11.45 Atherton LC 1.15 - 2.00 East Ham LC
PANATHLON 10 Pin Bowling Thurs 6th October 2022 O2	PANATHLON Multi Sports Festival Friday 3rd March 2023 Sports Dock / UEL	FAIRPLAY HOUSE Tues 2nd May 2023
FAIRPLAY HOUSE Tues 8th November 2022	PANATHLON Discovery Gala Monday 27th March 2023 Aquatics Centre	FOREST SCHOOL North Beckton Date TBC



School Swimming / Water Safety

Our pupils will receive regular opportunities to attend their local swimming pool where they will work towards obtaining The Swim England School Swimming Foundation Awards and Water Safety Award



Panathlon Challenge

Working in partnership with Panathlon we will deliver a variety of festivals so that all our pupils have the opportunity to take part in inter and intra competitive sport



Fairplay House

We will visit Fairplay House Outdoor Education Centre to inspire our pupils with new challenges and opportunities that provide rich and memorable experiences.





Spirit in Motion

In addition to the calendar of opportunities we will also offer:



P.E Support

- High quality practical support that builds pupil confidence



CPD

- Bespoke training offered to individuals and schools to build staff confidence with the delivery of P.E and School Sport



Collaboration

- Working with UEL and Panathlon to offer a wide range of skills and opportunities for pupils and staff



Training

- Autism Education Trust
- Team Teach
- Practical Workshops



For more information



Additional opportunities will be available during the academic year



inset training and 1-2-1 support for staff available