

# Information for Ukrainian Residents of Newham about Arriving and Staying in the UK



This leaflet is to help Ukrainian residents of Newham:

- Help your family get to the UK
- Help your family and friends obtain a visa / asylum when they arrive in the UK
- Help existing residents to stay in the UK

For more information visit [www.newham.gov.uk/ukraine](http://www.newham.gov.uk/ukraine)

# Information and help about arriving and staying in the UK

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## Ukrainian Family Scheme (UK Government)



The Ukraine Family Scheme is a programme that helps Ukrainians to join family members. It is free to apply, and it will allow you to live, work and study in the UK and access public funds (e.g. benefits).

To find out more and apply online visit: [www.gov.uk/guidance/apply-for-a-ukraine-family-scheme-visa](http://www.gov.uk/guidance/apply-for-a-ukraine-family-scheme-visa)

For assistance, call the free helpline on +44 808 164 8810 (0808 164 8810 if you're in the UK). If you cannot contact UK 0808 numbers, use +44 (0)175 390 7510.

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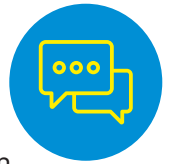
## Homes for Ukraine



People, charities, community groups and businesses in the UK can apply to have a named Ukrainian or Ukrainian family to stay with them in their home or in a separate property for at least 6 months. If you want to be a sponsor but don't know anyone personally fleeing Ukraine, you can also record your interest in being a sponsor. Sponsors must not charge rent but will be eligible for an optional 'thank you' payment of £350 per month. To apply visit:

[homesforukraine.campaign.gov.uk](http://homesforukraine.campaign.gov.uk)

## Ukrainian Advice Project



A group of volunteer solicitors providing a free service to connect Ukrainian citizens (and others fleeing Ukraine) with free legal advice on UK immigration, visas and asylum from qualified and regulated lawyers.

To request legal advice email: [projectu@dlapiper.com](mailto:projectu@dlapiper.com)

To find out more visit: [advice-ukraine.co.uk](http://advice-ukraine.co.uk)

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## To ask for asylum in the UK



[www.gov.uk/claim-asylum](http://www.gov.uk/claim-asylum)

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## Right to Remain Toolkit



For advice on claiming asylum in the UK read the Right to Remain Toolkit:

[righttoremain.org.uk/toolkit/claimasylum](http://righttoremain.org.uk/toolkit/claimasylum)

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# Free support services in Newham

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## Help to access financial support

Contact Our Newham Money for help to access financial support such as benefits and income support, managing debt, help to pay energy bills and affordable loans:

020 8430 2041

[ournewhammoney@newham.gov.uk](mailto:ournewhammoney@newham.gov.uk)

[www.ournewhammoney.co.uk](http://www.ournewhammoney.co.uk)

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## Help to get a job

Contact Our Newham Work for help to apply for and get a job.

020 3373 1101

[ournewhamwork.engagementteam@newham.gov.uk](mailto:ournewhamwork.engagementteam@newham.gov.uk)

[newham.gov.uk](http://newham.gov.uk)

[www.ournewhamwork.co.uk](http://www.ournewhamwork.co.uk)

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## Newham 24 Hour Mental Health Crisis Helpline

Contact this team if you feel your mental health is getting worse or you are in distress and need support:

0800 073 0066

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## Find your local doctor

It's free to register with your local doctor, who can help with physical and mental health.

[www.nhs.uk/nhs-services/gps/how-to-register-with-a-gp-surgery](http://www.nhs.uk/nhs-services/gps/how-to-register-with-a-gp-surgery)

You do not need proof of address, ID or NHS number.

You can also contact Newham Transitional Practice for help if you are having difficulty in registering:

Newham Transitional Practice  
30 Church Road, London, E12 6AQ

020 7909 4990

[info.trathen@nhs.net](mailto:info.trathen@nhs.net)

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## Help for your child to join a local school

To find out how to register your child at a local school visit:

[www.newham.gov.uk/schools-education](http://www.newham.gov.uk/schools-education)

You can also contact:

Kiran Parkash Singh

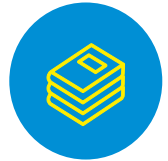
020 3373 2716

[kiran.parkashsingh@newham.gov.uk](mailto:kiran.parkashsingh@newham.gov.uk)

Cassandra Phillip

[cassandra.phillip@newham.gov.uk](mailto:cassandra.phillip@newham.gov.uk)

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## Help for your children

Newham's Children's Centres offer a range of services to help you and your child.

To find your local centre visit:

[www.newham.gov.uk/childrenscentres](http://www.newham.gov.uk/childrenscentres)

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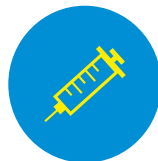


## Help to book your COVID-19 vaccine

There are many easy ways to get your free COVID-19 vaccine.

Find out more at: [www.newham.gov.uk/bookyourvaccine](http://www.newham.gov.uk/bookyourvaccine)

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## Help to access food

Contact the Newham Food Alliance who help with food parcels, meals and other support:

07790 975 086

[frontdoor@newhamfoodalliance.org](mailto:frontdoor@newhamfoodalliance.org)

[www.newham.gov.uk/newhamfoodalliance](http://www.newham.gov.uk/newhamfoodalliance)

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## Newham Helpline

Contact the Newham Helpline to find out more about the support available:

020 7473 9711

[covidhelp@community-links.org](mailto:covidhelp@community-links.org)

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**Support for those affected by the crisis in Ukraine**

**Підтримка людям, які постраждали від кризи в Україні**