The Tapscott Learning Trust
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achieving for all

Spot Light on ....
Wellbeing

North Beckton Primary School

At North Beckton Primary School, we prioritise the well-being and emotional development of our students and understand the significance of positive relationships between children and key adults in their lives. By fostering an environment of trust and open communication, we ensure that every child has someone they can rely on and confide in. Our holistic approach emphasizes the importance of empathy, respect, and social-emotional learning, enabling students to navigate their educational journey with confidence and resilience.

A Time for Us
At North Beckton, we provide a broad and varied statutory PSHE national curriculum, which we call 'A Time for Us.' It has been developed to ensure our pupils receive an outstanding personal, social and health education which is tailored to meet their needs. The curriculum equips our children with the knowledge and understanding that they need in order for them to develop positive relationships, be resilient and safe individuals; not just today, but tomorrow and for the rest of their lives, both in school, at home and in the outside world.

Days For Us

One day a term, we collapse our timetable to create our 'Days for Us' where one focus area is looked at in depth. During out recent 'Day for Us', our pupils learnt about the zones of regulation and how it can be used to support their emotional wellbeing. At North Beckton, we prioritise the holistic development of children, which includes fostering their emotional well-being and self-regulation skills.

Mental Health First Aid

We are fortunate enough to have 16 members of staff trained in mental health first aid. This enables our staff to develop effective techniques in listening to and supporting children who may be facing difficulties. Our commitment to well-being is further exemplified by our achievement of the Carnegie Centre of Excellence for Mental Health in School Mental Health Award at the Gold standard. This recognition highlights our dedication to creating an environment that promotes and prioritises the well-being of our students.

Place2Be

Place2Be promotes children's mental health and learning by offering a range of services to support individuals and their families. At North Beckton Primary School Place2Be works with children individually or in small groups, or whole class or assemblies offering regular time-tabled support for those who will benefit most. This service, has had an immeasurable impact in supporting children's emotional development, enabling them to better express themselves and make sense of the complex world around them.

School Council

The school council is made up of an active and engaged group of students who are committed to promoting environmental awareness and school spirit. The council's recent Earth Day, Library visit, litter picking, fundraising events have been successful, and they are planning more events in the future. The council's focus on making decisions that positively impact the whole school and encouraging student feedback is commendable and will undoubtedly contribute to a better school experience for all students.